



Protect Your Flu Vaccine

Transport Rules

Fridge Rules



Always keep vaccine at +2 to +8 degrees celsius

Call VCH CDC **immediately** if your fridge temp falls out of this range to determine if vaccine is safe. Note the temp and time when out of range

Monitor with a min/max thermometer

- Limit door opening
- Use opened vials first and keep in original package
 - Store opened vials in separate tray
- Store vaccine on middle shelf
 - Not in door
 - Not in crispers
- Do not store vaccine with food, drinks and lab specimens where possible
- Never unplug fridge

- Use insulated cooler with ice packs and insulating material (water blankets)
- Do not put vaccine in direct contact with ice packs
- Do not freeze with too many ice packs
- Always return vaccine to cooler or fridge when not in use



Handling Rules

Always check expiry dates before use

Multidose	Single Use
FLUVIRAL® <ul style="list-style-type: none"> • Expires 28 days after first use • Protect from light 	INFLUVAC® <ul style="list-style-type: none"> • Single-dose pre-filled syringe • Expiry as per product label • Protect from light
FLUZONE® QUADRIVALENT <ul style="list-style-type: none"> • Expiry as per vial label • Protect from light 	FLUMIST® <ul style="list-style-type: none"> • Single-dose pre-filled intranasal sprayer • Expiry as per product label • Protect from light

Need Assistance?

Call VCH CDC at 604.675.3900

Recipes for Packing Vaccine at VCH Flu Clinics

Packing a 5 quart insulated container

Supplies & Packing:

- ✓ 1 insulating blanket (refrigerator temperature, folded to give two layers)
- ✓ 1 small frozen ice pack on top or at side
- ✓ Bubble wrap or crushed paper to act as a buffer against shifting of ice
- ✓ Keep vaccines in original packaging



Packing a 9 quart insulated container

Supplies:

- ✓ 2 insulating blankets (refrigerator temperature)
- ✓ 2 small frozen ice packs
- ✓ Bubble wrap or crushed paper

Packing from bottom to top:

- ✓ Line the bottom of the cooler with 1 frozen ice pack
- ✓ 1st insulating blanket (folded to give two layers) to wrap the vaccine bundle
- ✓ 2nd insulating blanket (folded over)
- ✓ Top with second small frozen ice pack
- ✓ It is very important to always have a barrier between ice packs & vaccine
- ✓ Use bubble wrap or crushed paper as a buffer against shifting of ice
- ✓ Keep vaccines in original packaging



Packing a 16 quart insulated container

Supplies:

- ✓ 4 insulating blankets (refrigerator temperature)
- ✓ 2 large frozen ice packs or 4 small frozen ice packs
- ✓ Bubble wrap or crushed paper

Packing from bottom to top:

- ✓ Line the bottom of the cooler with 2 insulating cooler blankets
- ✓ Drape the vaccine with 2 insulating cooler blankets and ensure sides covered
- ✓ Place 1 large ice pack (or 2 small) along EACH of the two longer sides of the cooler
- ✓ It is very important to always have a barrier between ice packs & vaccine
- ✓ Use bubble wrap or crushed paper as a buffer against shifting of ice packs as needed
- ✓ Keep vaccines in original packaging

